



Emotional Vampires: Dealing With People Who Drain You Dry: Dealing With People Who Drain You Dry

Albert J. Bernstein

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Best-selling author Albert J. Bernstein helped thousands of people deal with the dangerously stupid at work in *Dinosaur Brains*. In *Emotional Vampires* he goes even further to protect unsuspecting mortals from more devious and harmful creatures vampires ready to bite, suck, and kill the emotional and psychological wellbeing of their victims. Like the fabled demons, these vampires come in many shapes: -The living dead who think their “talents” place them above the laws of nature -Lords of darkness with huge egos and tiny consciences -Scary monsters who use their tempers in the same way terrorists use bombs -Blood-suckers who think others were created for their convenience *Emotional Vampires* tells readers how to spot a vampire in their lives, which defense strategies to employ to prevent one from striking, and what to do if and when they find themselves under attack.

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