



Essential Sports Medicine (Essentials)

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Essential Sports Medicine is a brand new core text for medical and physiotherapy students and General Practitioners who want a comprehensive yet concise practical guide to the biomechanics and physiology of sporting injuries and treatment.

The book takes a multi-disciplinary approach and is organised into regional and sports-specific injuries. The book also covers the team physician's role, acute management, drugs in sport, and rehabilitation techniques. High quality functional anatomical diagrams and photographs are included as well as Key Points boxes to highlight diagnosis and rehabilitation protocol.

The content is completely up-to-date and is aimed at students and GPs interested in this increasingly important and popular subject, rather than specialists in the field. The contributing authors are recognised worldwide experts in their areas.

Essential Sports Medicine is ideal for medical students and physiotherapy students and General Practitioners undertaking further postgraduate training in this area.

Pre-Publication reviews

'I believe there is a great need for a publication such as this, which will dedicate itself entirely to the still rather young and developing area of sports medicine...'

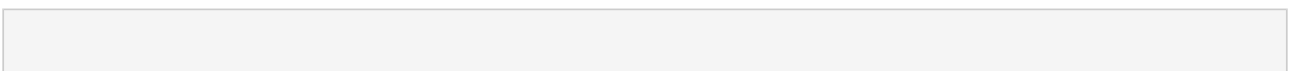
4th year medical student, Glasgow University

'I like it a lot!... The inclusion of chapters on drugs, women, and children, etc. also widens the scope, adding to its appeal'

Final year medical student, Newcastle University

'I am impressed by the aim and scope of the book. The area of education in sports medicine is one which is becoming increasingly important, but at present is poorly served in terms of reference materials'

Derbyshire GP who has just completed the Diploma in Sport and Exercise Medicine



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