

BBQ Sauces, Rubs and Marinades For Dummies

Traci Cumbay



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Think only master chefs can create the savory, succulent barbecue masterpieces you love to eat? Nonsense! *BBQ Sauces, Rubs & Marinades For Dummies* shows you everything you need to dig in, get your apron dirty, and start stirring up scrumptious sauces, magical marinades, and rubs to remember.

Featuring 100 bold new recipes, along with lots of savvy tips for spicing up your backyard barbecue, this get-the-flavor guide a healthy dose of barbecue passion as it delivers practical advice and great recipes from some of America's best competition barbecue cooks. You get formulas for spicing up chicken, beef, pork, and even seafood, plus plenty of suggestions on equipment, side dishes, and much more. Discover how to:

- Choose the right types of meat
- Build a BBQ tool set
- Craft your own sauces
- Smoke and grill like a pro
- Marinate like a master
- Choose the perfect time to add sauce
- Rub your meat the right way
- Whip up fantastic sides
- Add flavor with the right fuel
- Plan hours (and hours) ahead
- Cook low and slow for the best results
- Avoid flavoring pitfalls
- Turn BBQ leftovers into ambrosia

Complete with helpful lists of dos and don'ts, as well as major barbecue events and associations, *BBQ Sauces, Rubs & Marinades For Dummies* is the secret ingredient that will have your family, friends, and neighborhoods begging for more.



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