

Pomegranate: The Most Medicinal Fruit

Robert A. Newman, Ephraim P. Lansky, Melissa L. Block



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Pomegranate: The Most Medicinal Fruit Robert A. Newman, Ephraim P. Lansky, Melissa L. Block With its complex qualities, including its highly concentrated supply of antioxidants, its ability to regulate hormones, and its anti-bacterial, antifungal, and antiviral qualities, the Pomegranate stands out in high profile, even among all the marvels of contemporary natural medicine and therapeutic nutrition. Pomegranates can reduce the risk of various cancers, cardiovascular diseas and stroke, and much more.



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