



# Forever and Five Days: The Chilling True Story of Love, Betrayal, and Serial Murder in Grand Rapids, Michigan

*Lowell Cauffiel*

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### **In a small-town retirement home, two nurses make a bloody pact**

Outside the dining hall of the Alpine Manor nursing home, there is a sign that reads, “This is Grand Rapids, Michigan,” a reminder for those who can no longer trust their own minds. For months, Cathy Wood has fed these residents, bathed them, and even moistened their eyes with artificial tears. To her, they live in a state worse than death—and she has decided to relieve them of their pain. Wood and her lover, Gwen Graham, make a pact to kill those whom they were hired to care for. No one notices when an elderly person dies a quiet death, but as these two slip deeper into their plan, the terrible secret becomes unbearable.

Lowell Cauffiel’s account of the Alpine Manor murders is a chilling saga of true crime and the twisted lengths to which some will go in pursuit of justice.

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#### **James Martin:**

Forever and Five Days: The Chilling True Story of Love, Betrayal, and Serial Murder in Grand Rapids, Michigan can be one of your basic books that are good idea. Many of us recommend that straight away because this publication has good vocabulary that can increase your knowledge in terminology, easy to understand, bit entertaining but still delivering the information. The author giving his/her effort to place every word into pleasure arrangement in writing Forever and Five Days: The Chilling True Story of Love, Betrayal, and Serial Murder in Grand Rapids, Michigan yet doesn't forget the main level, giving the reader

the hottest and based confirm resource details that maybe you can be one among it. This great information can drawn you into new stage of crucial thinking.

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