



# Multicultural/Multiracial Psychology: Mestizo Perspectives in Personality and Mental Health

*Manuel, III Ramirez*

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# Multicultural/Multiracial Psychology: Mestizo Perspectives in Personality and Mental Health

*Manuel, III Ramirez*

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This book presents a cognitive styles framework that explores the relationship between traditionalism/modernism and cognitive styles and offers a method for multiculturalism assessment and psychotherapy that promotes the development of pluralistic perspectives and lifestyles.

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