



The Handbook of Solitude: Psychological Perspectives on Social Isolation, Social Withdrawal, and Being Alone

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This reference work offers a comprehensive compilation of current psychological research related to the construct of solitude

- Explores numerous psychological perspectives on solitude, including those from developmental, neuropsychological, social, personality, and clinical psychology
- Examines different developmental periods across the lifespan, and across a broad range of contexts, including natural environments, college campuses, relationships, meditation, and cyberspace
- Includes contributions from the leading international experts in the field
- Covers concepts and theoretical approaches, empirical research, as well as clinical applications

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