



Masterminds and Wingmen: Helping Our Boys Cope with Schoolyard Power, Locker-Room Tests, Girlfriends, and the New Rules of Boy World

Rosalind Wiseman

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Books for a Better Life Award Winner

Here is a landmark book that reveals the way boys think and that shows parents, educators and coaches how to reach out and help boys overcome their most common yet difficult challenges -- by the bestselling author who changed our conception of adolescent girls.

Do you constantly struggle to pull information from your son, student, or athlete, only to encounter mumbling or evasive assurances such as “It’s nothing” or “I’m good?” Do you sense that the boy you care about is being bullied, but that he’ll do anything to avoid your “help?” Have you repeatedly reminded him that schoolwork and chores come before video games only to spy him reaching for the controller as soon as you leave the room? Have you watched with frustration as your boy flounders with girls?

Welcome to Boy World. It’s a place where asking for help or showing emotional pain often feels impossible. Where sports and video games can mean everything, but working hard in school frequently earns ridicule from “the guys” even as they ask to copy assignments. Where “masterminds” dominate and friends ruthlessly insult each other but can never object when someone steps over the line. Where hiding problems from adults is the ironclad rule because their involvement only makes situations worse.

Boy world is governed by social hierarchies and a powerful set of unwritten rules that have huge implications for your boy’s relationships, his interactions with you, and the man he’ll become. If you want what’s best for him, you need to know what these rules are and how to work with them effectively.

What you’ll find in *Masterminds and Wingmen* is critically important for every parent – or *anyone* who cares about boys – to know. Collaborating with a large team of middle- and high-school-age editors, Rosalind Wiseman has created an unprecedented guide to the life your boy is *actually* experiencing – his on-the-ground reality. Not only does Wiseman challenge you to examine your assumptions, she offers innovative coping strategies aimed at helping your boy develop a positive, authentic, and strong sense of self.

From the Hardcover edition.

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Brad Hawkes:

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