

Should I Stay Or Go?: How Controlled Separation (CS) Can Save Your Marriage

Lee Raffel



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Until now, couples facing the dilemma of deciding whether or not to stay in an unhappy marriage had three options: individual or couples therapy, separation, or divorce. Should I Stay or Go? provides these couples with a fourth option--the Controlled Separation (CS).

Revolutionary in scope, CS is a compassionate process that is designed to build respect and foster advocacy between spouses. Should I Stay or Go? thoroughly explains the CS guidelines, including the 12 fundamental issues that must be resolved for a workable, orderly separation. It also contains sample contracts, along with helpful checklists and self-assessment tools.



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