



The Routledge Handbook of Attachment: Implications and Interventions

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The Routledge Handbook of Attachment: Implications and Interventions offers an introduction to therapies produced as a result of the popularity of attachment studies. These therapies can be divided into two categories: those that are ‘attachment-based’, in that they use evidence-based attachment assessments in their development, or ‘attachment-informed’, in that the theories of attachment have been integrated into the practice of existing schools of therapy.

The book reviews the field and provides a range of interventions for children, adults and parents, beginning with a detailed review of both evidence-base and evidence-informed interventions including individual psychotherapy, family therapy and parenting. The remaining chapters provide accounts, from the practitioner’s perspective, of interventions that address issues of attachment from the level of one-to-one therapy, family and social work to social interventions involving courts and Care Proceedings, illustrated with examples from day-to-day practice.

Discussing how an understanding of formal assessments of attachment can be used to inform therapeutic, social and legal interventions to assist and protect children, *The Routledge Handbook of Attachment: Implications and Interventions* is an indispensable guide for clinical psychologists, psychiatrists and social workers working with children and families, clinicians in training and students.

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