



# Broccoli for the Brain: 75 Puzzles and Exercises to Boost Your Brain Power!

*Michel Noir*

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**Feed your brain--now!**

You have one minute to memorize the six words below:

FRIEND

CARAMEL

PINE

ALPHABET

FRIGHT

FOLLY

Now hide the words and answer these three questions:

1. How many words started with the letter "F"? What were they?
2. How many trees were listed? What were they?
3. What was the longest word on the list? \*answers below

Indulge yourself in this buffet of brainteasers that will build your attention skills, enhance your memory, and sharpen your concentration. Inside *Broccoli for the Brain* you will find seventy-five mind-bending puzzles scientifically proven to develop the skills of concentration, attention, and focus. You also get the added benefit of keeping your brain healthy and strong for years to come.

*\* Three words started with "F": friend, fright, folly.*

*There was one tree name: pine.*

*The longest word in the list is: alphabet.*

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