



# Co-Parenting Works!: Helping Your Children Thrive after Divorce

*Tammy G Daughtry*

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## **Co-Parenting Works!: Helping Your Children Thrive after Divorce** Tammy G Daughtry

What if your child's "life-after-divorce" could be better than you've hoped for?

As the post-divorce dust settles, your child's chances of leading a healthy, successful life are directly linked to how you and your former spouse relate. So instead of listening to statistics, read this book to discover real world co-parenting strategies from author, counselor, and co-parent Tammy Daughtry.

Discover how you can make positive co-parenting work for you and your child by:

- Understanding how today's actions will affect your child in five, ten, and twenty years
- Teaming with your child's co-parent to develop strategies in the best interest of your children
- Helping your child feel at ease in both homes
- Increasing your child's self-esteem while minimizing anxiety
- Integrating stepparents into your co-parenting team

Co-parenting isn't easy. But with these strategies for success, you'll be prepared to create an enjoyable childhood and a healthy upbringing that will impact your child for a lifetime.

Take heart—the future can be better and brighter than you've dared to hope.

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