

Principles and Practice of Pediatric Sleep Medicine

Stephen H. Sheldon, Meir H. Kryger, Richard Ferber, David Gozal



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Principles and Practice of Pediatric Sleep Medicine, 2nd Edition, written by preeminent sleep medicine experts Drs. Sheldon, Kryger, Ferber, and Gozal, is the most comprehensive source for **diagnosing and managing sleep disorders in children**. Newly updated and now in **full color throughout**, this medical reference book is internationally recognized as the **definitive resource for any health practitioner who treats children**, providing absolute guidance on virtually all of the sleep-associated problems encountered in pediatric patients.

- Consult this title on your favorite e-reader, conduct rapid searches, and adjust font sizes for optimal readability.
- Organized format separates coverage into Normal and Abnormal sleep for quick access to the key information you need.
- Abundantly referenced chapters help you to investigate topics further.
- Equips you with a complete understanding of both medical and psychiatric sleep disorders.
- New and expanded chapters regarding sleep related breathing disorders; parasomnias; differential diagnosis of pediatric sleep disorders; hypersomnia; school start times and implications; and the evaluation and management of circadian rhythm disturbances.
- Extensive coverage on obstructive sleep apnea, diagnosis and treatment; evaluation and management of sleepy children; evaluation and management of circadian rhythm abnormalities; and pharmacology.

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