



The Massachusetts General Hospital Textbook on Diversity and Cultural Sensitivity in Mental Health (Current Clinical Psychiatry)

Ranna Parekh (Ed.)

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Long considered important for professionals working with minority and under-represented populations, cross-cultural competency has become a requisite for all health care providers. As society in the US increasingly diversifies, there is a crucial need to prepare health care professionals to effectively treat this changing population. *The Massachusetts General Hospital Textbook on Diversity and Cultural Sensitivity in Mental Health* addresses the importance and relevance of cultural sensitivity in US mental health. Prominent researchers and clinicians examine the cultural and cross-cultural mental health issues of Native American, Latino, Asian, African American, Middle Eastern, Refugee and LGBTQ communities. The discussion includes understanding the complexities in making mental health diagnoses and the various meanings it has for the socio-cultural group described, as well as biopsychosocial treatment options and challenges. In understanding the specific populations, the analysis delves into overarching concepts that may apply to specific populations and to those at the intersection of multiple cultures.

An invaluable resource for mental health professionals, including clinicians, researchers, educators, leaders and advocates in the United States, *The Massachusetts General Hospital Textbook on Diversity and Cultural Sensitivity in Mental Health* provides the necessary understanding and insights for research and clinical practice in specific cultural and multicultural groups.

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Martha Silva:

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