



Jude's Herbal Home Remedies: Natural Health, Beauty & Home-Care Secrets (Living with Nature Series)

Jude Todd

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Discover a simpler, more natural way of life. Pour yourself a cup of chamomile tea, find a quiet corner, and browse through the wealth of natural remedies, household tips, and beauty secrets presented in this tried and true guidebook. Now updated and expanded, *Jude's Herbal Home Remedies* offers more than 800 treatments, tinctures, tonics, and teas, using many easy-to-find herbs, as well as a comprehensive herbal index with over 200 illustrations.

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