



It's a Pleasure: Healthy Sweet Treats

Virpi Mikkonen

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A delightful cookbook of decadent sweets and homemade treats that taste great, look beautiful, and have good health in mind. This enticing collection features easy recipes, made from high-quality, nutritious ingredients, for fabulous desserts that are gluten-free, dairy-free, and refined-sugar-free. With this inspiring book, award-winning Finnish author Virpi Mikkonen shows how easy it is to make sweet treats a truly enjoyable—and guilt-free—pleasure

It's a Pleasure: Healthy Sweet Treats without Gluten or Sugar is a gorgeous guide to making delicious and wholesome desserts at home without sacrificing flavor. Featuring candies, cakes, pies, and more, the appealing recipes—such as gingerbread chocolate, cookie ice cream with salty peanuts, and cardamom-vanilla donuts—offer great-tasting, guilt-free pleasure and are suited for entertaining, gift giving, or everyday snacking.

Find inspiration for chocolate and candies, cakes and pies, ice creams and sorbets, jams, frostings and more!

Recipes include: sea salt toffee bites; vanilla stars with chocolate hearts; frosty banana cake; blueberry cream cake; mango-melon sorbet cake; tiramisu ice cream cake; fig fudge; and licorice truffles.

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The knowledge that you get from It's a Pleasure: Healthy Sweet Treats is the more deep you searching the information that hide within the words the more you get considering reading it. It doesn't mean that this book is hard to recognise but It's a Pleasure: Healthy Sweet Treats giving you thrill feeling of reading. The writer conveys their point in selected way that can be understood by means of anyone who read that because the author of this book is well-known enough. This particular book also makes your vocabulary increase well. That makes it easy to understand then can go along, both in printed or e-book style are available. We propose you for having that It's a Pleasure: Healthy Sweet Treats instantly.

Wesley Powell:

The book untitled It's a Pleasure: Healthy Sweet Treats contain a lot of information on this. The writer explains the woman idea with easy way. The language is very easy to understand all the people, so do certainly not worry, you can easy to read that. The book was written by famous author. The author will take you in the new period of literary works. You can easily read this book because you can continue reading your smart phone, or model, so you can read the book in anywhere and anytime. In a situation you wish to purchase the e-book, you can open up their official web-site along with order it. Have a nice read.

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