



The Complete Idiot's Guide to Thyroid Disease (Idiot's Guides)

Dr. Alan Christianson, Hy Bender

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Controlling health when metabolism is out-of-control.

The thyroid is the body's energy center, working to set the metabolism. It can be underactive or work too fast. It is susceptible to cancer and other health issues, more often in women than men. And its symptoms are varying and hard to identify. *The Complete Idiot's Guide to Thyroid Disease* sifts through the vast amount of conflicting advice to help readers learn how to seek appropriate treatment for their individual situation.

? Covers Hypothyroidism and Hyperthyroidism, as well as Goiter, Graves' Disease, Hashimoto's Disease, Thyroid Cancer, and adrenal gland diseases

? Thyroid's role in PMS, infertility, and postpartum depression

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Typically the book The Complete Idiot's Guide to Thyroid Disease (Idiot's Guides) has a lot info on it. So when you read this book you can get a lot of gain. The book was compiled by the very famous author. The author makes some research before write this book. This book very easy to read you will get the point easily after looking over this book.

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