



The Smile of Sun and Moon

Khenchen Palden Sherab Rinpoche

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The twenty-one emanations of Tara, the mother of all the buddhas, manifest swiftly to protect sentient beings from all fears, pacify evils, disease and misfortune, increase longevity, wealth and merit, overpower the deluded perception, and destroy the enemy of five poisons, one's disturbing emotions. The Praise to the Twenty-One Taras, connecting the practitioner to Tara's enlightened activity, was memorized and recited by almost every Tibetan regardless of school or tradition. In this book, Khenchen Palden Sherab Rinpoche clarifies each word of The Praise according to the four levels of meaning: the outer, inner, secret, and the ultimate meaning explained according to Prajnaparamita, Mahayoga, Anuyoga and Dzogchen. The visualization instructions follow the inner practice of The Queen of Great Bliss revealed by Rigdzin Jigme Lingpa as part of Longchen Nyingthig terma cycle. Exquisitely designed, the book contains the root text and the commentary in both Tibetan and English, mantras and color images of the twenty-one Taras.

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